UPDATE FROM YOUR ASHBURY10/04/2020

PARISH STREET COORDINATOR

**Update from the District Council**

South Oxfordshire and Vale of White Horse District Councils have three very important messages for residents this bank holiday weekend:

1. **There’s help if you need it – our support lines are open**
2. **Check the changes to waste collections between 10 and 17 April**
3. **Stay home. Protect the NHS. Save Lives.**

Here are all the details you need:

1. **Support lines open over the bank holiday weekend**

The councils’ dedicated support service for people who need urgent help because of the Coronavirus pandemic will remain open over the whole Easter weekend. You can call or email from 9am-5pm on Good Friday, Saturday, Easter Sunday and Easter Monday:

01235 422600

communitysupport@southandvale.gov.uk

Please don’t wait until the last minute to call us as it can take a day or two to get help out to you. This may take longer over the bank holiday weekend if supplies are difficult to get hold of. Please remember, the first step if you need help is to check with your friends or family, or a trusted neighbour.  If they can’t help, then try   your local volunteer group and if you have no success with either then please don’t hesitate to call or email us.

For more information on how you can find more help and support, please see our Coronavirus community support pages:

[southoxon.gov.uk/covid19](http://southoxon.gov.uk/covid19)

[whitehorsedc.gov.uk/covid19](http://whitehorsedc.gov.uk/covid19)

1. **Waste collections**

Although this isn’t a typical Easter for many of us, one thing that does remain the same is there will be changes to our waste collections over the Easter break. Following bank holidays, we empty bins on a different day to normal collections and this one is no exception. To find out more visit:

[whitehorsedc.gov.uk/bankholiday](http://www.whitehorsedc.gov.uk/bankholiday) or

[southoxon.gov.uk/bankholiday](http://www.southoxon.gov.uk/bankholiday)

If your bin is not emptied, please leave it out for up to three days and we will try to catch up with collections.

1. **Stay home. Protect the NHS. Save Lives.**

We know that the weather over the Easter period is expected to be nice but please resist the temptation to go out! We can only reduce the impact of the virus if everyone follows the national guidelines and stays home:

[gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/](http://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do)

You should only leave the house for very limited purposes:

* shopping for basic necessities, for example food and medicine, which must be as infrequent as possible
* one form of exercise a day, for example a run, walk, or cycle - alone or with members of your household
* any medical need, including to donate blood, avoid or escape risk of injury or harm, or to provide care or to help a vulnerable person travelling for work purposes, but only where you cannot work from home