**Cases of COVID-19 by district**

| **Area name** | Cases in 7 days up to 15/01 | Rate per 100,000 population | Cases in 7 days up to 22/01 | Rate per 100,000 population |
| --- | --- | --- | --- | --- |
| Cherwell | 820 | 544.8 | 553 | 367.4 |
| Oxford | 827 | 542.4 | 598 | 392.2 |
| South Oxfordshire | 428 | 301.3 | 371 | 261.2 |
| Vale of White Horse | 394 | 289.7 | 337 | 247.8 |
| West Oxfordshire | 294 | 265.7 | 179 | 161.8 |
| **Oxfordshire** | 2,763 | 399.5 | 2,038 | 294.7 |

**COVID-19 dashboard**

There is now a [COVID-19 dashboard](https://phdashboard.oxfordshire.gov.uk/) on our website where you can access daily COVID-19 statistics.

**Lockdown measures**

A reminder of the lockdown measures:

* You must stay at home, except for a legally permitted reason. This includes activities such as essential shopping, education and childcare, work which cannot be done from home, medical needs, exercise, and communal worship.
* If you do leave home for a permitted reason, you should stay local in the village, town or part of the city where you live.
* You must not meet socially with family or friends, unless they are part of your household or support bubble.
* You can leave your home to exercise once a day. You can exercise in a public outdoor place with members of your household or support bubble or, when you are on your own, with one person from another household.
* Primary, secondary and special schools will remain open for vulnerable children and children of critical workers. Remote learning will take place for all other children until at least 8 March. End-of-year exams will not take place this summer.
* Early years settings such as childminders and nurseries can stay open.
* Higher education provision will remain online until mid-February for all courses, except those for future critical workers such as medicine and dentistry.
* Pubs, restaurants, and non-essential shops and businesses must close, although hospitality venues can provide delivery and takeaway services - but not takeaway alcohol.
* People who are clinically extremely vulnerable should only go out for medical appointments, exercise or if it is essential. They should not attend work.

There is more information about the lockdown restrictions on [gov.uk](https://www.gov.uk/guidance/national-lockdown-stay-at-home" \t "_blank), supported by a comprehensive list of [resident FAQs](https://www.oxfordshire.gov.uk/council/coronavirus-covid-19/controlling-local-coronavirus-outbreaks/national-lockdown-questions) on our website. rates are still at a dangerously high level and, while any decrease is welcome, we cannot afford to be complacent. Cases are coming down at a much slower rate than they went up and we are still not even close to the levels we saw before Christmas.

**We therefore need to remain vigilant and follow the** [**national lockdown rules**](https://www.gov.uk/guidance/national-lockdown-stay-at-home)**. The measures are there to protect the NHS, our vital social care services, and to save lives.**