UPDATE FROM YOUR ASHBURY27/04/2020

PARISH STREET COORDINATOR

**24/7 Mental Health Helpline: Updated Information and Contact Details**

The new helpline in Oxfordshire & Buckinghamshire offers mental health advice for all ages:

Adults: 01865 904 997

Children and young people: 01865 904 998

Residents that are registered with the Lambourn Doctors Practice need to access the Berkshire 24/7 mental health helplines:

03003650200

03003650300

**Lockdown Mind Therapy Magazine**

The magazine is being produced by Shelley Stevens who works for Dynamic Print Media (Slough) and will be dropped off by your street coordinators when they are next printed. Due to government guidelines they have had to close their doors, but they wanted to use the machinery they have to help benefit others during the lockdown period. Their objective is to produce 3 issues of a 28-page A4 magazine including colouring in, crosswords, sudoku, word searches and a section to write memorable and funny memories.

**Mobile Outreach Post Office: Information from Matthew Thorne, sub-postmaster at Shrivenham Post Office**

Ashbury Rose & Crown Pub: every Wednesday and Friday, 9.30am – 11.30am (access through the back doors near the car park)

Watchfield Village Hall: every Wednesday, 12.30pm – 2.30pm

Mobile Post Office transactions include:

* All types of postage (inc. free home shopping returns, foreign currency and bill payments)
* Every day banking transactions (e.g. cash deposits, cash withdrawals and cheque deposits into most High Street Bank Accounts)
* Purchases of items brought from the post office (all your packaging requirements: parcel tape, cellotape, jiffy bags, envelopes, mail bags; greeting cards for all occasions; bird seed, bird peanuts, suet balls and suet filled coconut shells for your feathered friends!)

Please call Matthew’s wife, Sarah, with any questions, or speak to any of the staff at Shrivenham Post Office:

01793 782260

**South Oxfordshire and Vale of White Horse District Councils: Update**

Garden Waste Services

The service will take extra garden waste (equivalent of another brown bin e.g. three bin bags) in the week of May 11th – 15th.

District councils have reopened the paid-for garden waste service to new customers (the service has continued throughout the lockdown for existing subscribers). For a short time, the council and waste contractor, Biffa, suspended taking on new customers to prioritise kerbside household collections while members of the waste collection crews were off sick or self-isolating. Biffa has now built up sufficient resilience in its workforce to enable new customers to join.

Bulky Waste Services

We have reopened our bulky waste collection service for large household items, such as sofas and washing machines. The service was initially suspended to focus on collecting kerbside household waste while some of the waste crews were off sick or self-isolating. We will keep the situation under constant review and if necessary, suspend it again if staffing levels become an issue. While recycling centres and charity shops stay closed, we urge residents to store any waste that we cannot collect through our regular kerbside service.

Harwell Vaccine Centre

Fast-tracked construction of the UK's Vaccines Manufacturing and Innovation Centre at Harwell Campus will accelerate the start of their vital research in the fight against COVID-19. You can read more about the centre in the press release issued by Harwell Campus:

[www.harwellcampus.com/news/vaccines-centre-fast-tracked-at-harwell](http://www.harwellcampus.com/news/vaccines-centre-fast-tracked-at-harwell/)

Community Support

We have had encouraging reports that the voluntary and community groups we are working with feel confident and able to provide support to the people that need it on an ongoing basis. We hope this reflects your experience – please do contact our Community Support team if you have any concerns, and please do share these contact details widely:

01235 422600

[communitysupport@southandvale.gov.uk](mailto:communitysupport@southandvale.gov.uk)

Business Grants

In the past week we have made significant headway in paying out the government funding to support small businesses affected by COVID-19. As of yesterday, we had paid out £17 million across both districts, and we are well on track to pay all the requests we have had by April 30th. We are currently phoning all of the eligible businesses in the district that have not yet taken up the offer of support.

**Directory of Helpful Websites**

[www.oxfordshireallin.org](https://www.oxfordshireallin.org/)

[www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-staying-at-home-tips](https://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-staying-at-home-tips/)

[www.whitehorsedc.gov.uk/services-and-advice/coronavirus-community-support](http://www.whitehorsedc.gov.uk/services-and-advice/coronavirus-community-support)

[www.oxfordshire.gov.uk/council/coronavirus-covid-19](http://www.oxfordshire.gov.uk/council/coronavirus-covid-19)

[www.gov.uk/coronavirus](https://www.gov.uk/coronavirus)

[www.gov.uk/guidance/domestic-abuse-how-to-get-help](http://www.gov.uk/guidance/domestic-abuse-how-to-get-help)